LET'S FACE IT DVD DISCUSSION GUIDE

(Note: The length of this entire DVD is 15 minutes... The four smoking-related vignettes can be shown and discussed in one class period or can be broken into four different class periods where one vignette a day is shown and discussed).

SMOKIN' HOT

1. What do you think was the point or theme of this vignette?

2. Even though many smokers know smoking is bad for them, why don't they quit?

3. Smokers often say they can quit whenever they want. Does anyone know the terms used to describe this false perception?

4. What is the drug in tobacco that is addicting?

5. Why don't people 21 or older become smokers?

DEATH'S DOOR

1. What are some reasons teens use to start smoking?

2. Are there any good reasons to start smoking?

3. If you were the Grim Reaper, why would smokers be your best customers?

4. What other people might be on the Grim Reaper's list?

5. What are some of the prices people pay to smoke?

6. What are some of the diseases caused by or contributed to by smoking?

PUFFS OF SMOKE

1. What was the significance of the various puffs of smoke?

over
2. What are some of the things tobacco will do to the body?
3. How many toxins were mentioned contained in cigarettes?
4. What is a toxin?

OPPORTUNITIES LOST

1. Most smokers argue they have a 'right' to do what they want because they’re not hurting anyone but themselves? Is this true? If not, who else do smoker’s hurt?
2. Why doesn’t smoking mix well with athletics?
3. Why do employees not want to hire smokers?
4. The cost of a pack a day for a year is $1,460.00 – what would you choose to do with that kind money? What could you do with $54,000.00 that you could save by age 35 by saving rather than smoking?
5. Do you know anyone who lost opportunities because they smoked?
6. What was the 'cultural reference' made at the end of this vignette?

Additional facts for discussion:
Q. How many deaths attributable to smoking annually in U.S.?
   A. 430,000
Q. How many deaths attributable to smoking annually in MO?
   A. 9,500
Q. How many deaths attributable to second-hand smoke annually in U.S.
   A. 50,000

Additional class exercise: Ask class to close their eyes and not peek. Ask them the five following five questions…then tally their answers and then reveal/discuss the tallied responses:
1. How many of you have ever been somewhere where there were smokers and were disgusted later because your hair or clothes smelled bad?
2. How many of you would rather date a non-smoker than a smoker?
3. How many of you would rather not kiss a smoker?
4. How many of you think smoking makes someone look more mature?
5. How many of you think smokers are more likely to go on to other drugs?